

# Detection of Coronary Artery Diseases: Comparative Study of Multidetector Computed Tomography Angiogram (64 slice scanner) and Conventional Angiogram

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## Abstract:

### Key Words :

Coronary artery disease,  
MDCT,  
Angiogram

**Background:** Multislice computed tomography (MDCT) is a promising noninvasive method of detecting coronary artery disease. It is not yet being widely used in Bangladesh. We aimed to assess the diagnostic accuracy of the of 64 slice CT in detecting CAD with reference to conventional coronary angiography.

**Methods:** It was cross sectional comparative study conducted in National Institute of Cardiovascular Diseases and Bangabandhu Sheikh Mujib Medical University. Total 80 patients were included in the study who underwent MDCT and coronary angiogram.

**Results:** The sensitivity, specificity, positive predictive value, negative predictive value and accuracy or efficacy for single vessel disease were 87.5%, 96.4%, 91.3%, 94.7% and 93.75% respectively. The sensitivity, specificity, positive predictive value, negative predictive value and accuracy or efficacy for double vessel disease were 84.0%, 94.5%, 87.5%, 92.85% and 91.25% respectively. The sensitivity, specificity, positive predictive value, negative predictive value and accuracy or efficacy for triple vessel disease were 69.5%, 91.22%, 76.19%, 88.13% and 85.0% respectively.

**Conclusion:** Coronary angiography is a promising technology that already appears to have high performance to assess patient base, vessel base and segment base sensitivity, specificity, positive predictive value, negative predictive value and accuracy in detecting coronary artery stenosis.

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## Introduction

Coronary artery disease (CAD) and its consequences remain a leading cause of morbidity and mortality among most age groups in the USA and most Western countries of key words.<sup>1</sup> It is predicted that the burden of cardio-vascular disease will continue to increase over the next 20 years (coronary artery disease, MDCT, CT Angiogram). Ischemic heart disease is responsible for 20% of all deaths of Bangladeshi people, as other South Asians, have high susceptibility to ischemic heart disease (IHD). The prevalence of IHD in Bangladesh is 3.4% in general, 4.6% in men and, 2.7% in women. It appears that IHD is an important problem even in rural population of Bangladesh.

Owing to its superior spatial and temporal resolution conventional invasive coronary angiography (CICA) remains the gold standard for the diagnosis of

coronary artery diseases (CAD). However, it is an invasive and expensive procedure with pre-operative preparation and per and post operative complications. It is associated with adverse events like vascular complications (1.6%), arrhythmia (0.3%), stroke (0.1%) and myocardial infarction (< 0.05%) and death (0.12%).<sup>2,4</sup> So, to reduce patient discomfort and procedural risk there are look out for an accurate, noninvasive alternative.<sup>4</sup>

The recent development of electrocardiographically gated multi-detector row computed tomography now almost replacing the conventional coronary angiography as a highly accurate diagnostic procedure.<sup>5</sup> This also significantly reduces circumstantial factors and per and post operative complications related to conventional angiography.

Several key advances have facilitated the development of cardiac CT imaging like -

- Spatial resolution in submillimeter level of permits the visualization of small cardiac structures and even side branches which allows not only the accurate visualization of coronary stenosis but also allows for the characterization of atherosclerotic plaques and the identification of plaque components which could lead to thromboembolic manifestation. Where as conventional angiogram fails to provide information on type and component of the plaque.<sup>2</sup>
- Faster gantry rotation with improved temporal resolution and retrospective electrocardiogram (ECG) gating have reduced motion artifacts and improved image quality.
- Image quality is also improved by reducing the scan duration by having its multidetector and helical scan technology, and entire heart can be imaged in a single breathhold.<sup>4</sup>
  - (a) Provide maximum useful information by using MIP/MPR/VRT technique and provide better delineation of stenosis at the origin of the right and left coronary artery.
  - (b) Another advantage of MDCT angiography over coronary angiography lies in the fact that MDCT allows for the characterization of atherosclerotic plaques and the identification of plaque components. Conventional invasive coronary angiography is restricted to visualizing the luminal stenosis, but fails to provide information about the type of plaques or identify vulnerable plaques that could lead to thrombosis or myocardial infarction. Therefore, MDCT angiography has been increasingly used for the detection of coronary stenosis, the evaluation of coronary plaques and the prediction of disease progression.<sup>2</sup>
- This non-invasive diagnostic modality also allows to see the patency of stent and patency of the graft both arterial and venous. This also can evaluate anomalous origin of the coronary arteries and can detect congenital heart disease accurately.
- Functional assessment (ejection fraction) of ventricles can be done.
- It acts as a one stop shop analysis where we can see the cardiac structures (coronary artery valve, ventricular function, plaque morphology)

as well as pulmonary vasculature in the single procedure.

Multislice computed tomography is a promising noninvasive method of detecting coronary artery disease. Most data regarding the use of MSCT in detecting coronary artery disease have been obtained from journals published abroad. It is not yet being widely used in Bangladesh. Further more accuracy of MSCT has not been tested in our population. Based on this context the current study was conceptualized with the hypothesis that, multi-slice coronary angiogram using 64 slice scanner is a useful diagnostic modality for detecting CAD. We aimed to assess the diagnostic accuracy of 64-slice CT in detecting CAD with reference to conventional coronary angiography, primarily towards recommending the use of 64-slice CT angiogram in diagnosis of CAD.

## Methods

### *Study design*

This study was a cross-sectional comparative study. *Place of Study:* a) Department of Radiology and Imaging, Institute of Cardiovascular Disease and Hospital (NICVD) and Department of Cardiology, Institute of Cardiovascular Disease and Hospital (NICVD) and Bangabandhu Sheikh Mujib Medical University , Dhaka.

### *Duration of study*

From January 2009 to June 2010.

### *Sample size determination*

Sample size was determined by the formula -  
 Sample (n) =  $z^2pq/d^2$

Where,  $z=1.96$  (at 95% confidence level),  $p=0.046=0.05$  (The prevalence of IHD is 4.6%, Zaman et al 2007),  $q=1-p=0.95$ ,  $d=0.05$  (When acceptance of error is 5%)

so,  $n=1.96 \times 1.96 \times 0.05 \times 0.95 / (0.05)^2 = 72.9 = 73$ .

Considering 10% drop out we took 80 (eighty) as sample size. A purposive and convenient sampling technique was done, described below.

### *Study population and subjects*

Patients with suspected CAD who were referred to the Department of Radiology and Imaging in NICVD for evaluation of CAD during the study period were included in the study. During the study period a total of 200 patients were referred to the department of Radiology and Imaging to do CT angiogram. Adult patients of both sexes with

suspected CAD (Atypical chest pain, Stable and unstable angina pectoris, regular heart rate, willing to go both for MDCT and invasive coronary angiography) were included. Patients with diagnosed case of CAD, with arrhythmia and refused to undergo catheter angiogram, known hypersensitivity to iodinated contrast material, renal insufficiency and severe congestive heart failure, and those who were unable to breath hold command were excluded. Among 200, catheter angiogram could not be done in 90 persons. Among remaining 110 persons who had undergone CT coronary angiogram all were also advised to undergo catheter angiogram for further evaluation. We could not collect the report of 30 patients among them who underwent catheter angiogram. Finally both CT and catheter angiogram reports were available in 80 cases for final analysis.

#### Procedure

Coronary CTA was obtained for all patients following the scan protocol. MDCT was performed and reported by expert radiologists. All eligible patients underwent invasive angiography via a femoral approach. All angiograms were evaluated by a team of expert cardiologists blind to MDCT results.

#### Data analysis

Sensitivity, specificity, positive predictive value (PPV) and negative predictive value (NPV) was calculated for MDCT using conventional CA as the gold standard. SPSS version 12.0 for windows statistical software was used for all data entry and statistical analysis.

#### Ethical consideration

Then written consent was taken from every patient. This protocol was submitted to the "Ethical Review Committee" of Bangabandhu Sheikh Mujib Medical University, Dhaka, Bangladesh.

### Results

#### Patient profile

The mean ( $\pm$ SD) age of the patients was 51.44 ( $\pm$ 10.6) years with a range 31 to 75 years. Most of the patients were in age group 51-60 years (37.5%) and 41-50 years (32.5%). 64 (80%) patients were male and 16(20%) patients were female. The male female ratio was 4:1. The mean ( $\pm$ SD) BMI of the patients was 23.89 ( $\pm$ 3.07) and the mean ( $\pm$ SD) calcium score of the patients was 127.15 ( $\pm$ 185.96). The mean ( $\pm$ SD) heart rate during the MDCT scans was 73.25 ( $\pm$ 10.26) bpm. Table 1 shows selected profile data of the study subjects.

**Table-I**  
*Profile of study subjects*

Age group	Frequency(n=80)	Percent
31-40 years	12	15.0
41-50 years	26	32.5
51-60 years	30	37.5
61-70 years	9	11.3
> 70 years	3	3.8
Sex		
Male	64	80.0
Female	16	20.0

#### Image quality

The image quality was high in 53 of 80 (66.3%), moderate in 22(27.5%) and poor in 5(6.3%) patients [Table 2].

**Table-II**  
*Image quality of MDCT angiogram*

Image quality	Frequency(n=80)	Percent
High	53	66.3
Moderate	22	27.5
Poor	5	6.3

Table-3 shows that CT angiogram could detect coronary artery disease in 68 (85%) patients among 80 patients with chest pain. 12 (15%) patients were found to be normal. Among the 68 patients 23 (28.75%) had single vessel disease, 24(30.0%) had double vessel disease and 21(26.25%) had triple vessel disease.

**Table-III**  
*CT finding of coronary disease*

CT Findings	Frequency	Percent
Normal CT coronary angiogram	12	15.00
Single vessel disease	23	28.75
Double vessel disease	24	30.0
Triple vessel disease	21	26.25

#### Analysis by involvement of segments of arteries

In case of the RCA, the sensitivity and specificity of MDCT for the different segments are 92% and 92.7% for the proximal, 85.7% and 94.9% for the mid and 71.4% and 96.9% for the distal. In case of the LAD, the sensitivity and specificity of MDCT for the different segments are 100% and 100% for the left main, 89.6% and 198% for the proximal LAD, 78.1% and 91.7% for the mid LAD and 65% and 96.6% for the distal LAD [Table 4]. In case of the LCX, the sensitivity and specificity of MDCT for the different segments are 71.4% and 71.4% for the proximal, 72.7% and 91.3% for the distal [Table 5].

**Table-IV**  
*Diagnostic performance of MDCT CA for LAD artery disease*

Left coronary artery	Sensitivity	Specificity	Positive predictive value	Negative predictive value	Accuracy or efficacy
Left main	100%	100%	100%	100%	100%
Proximal LAD	89.6%	98.0%	96.3%	94.3%	95%
Mid LAD	78.1%	91.7%	86.2%	86.3%	86.2%
Distal LAD	65%	96.6%	86.6%	89.23%	88.75%

**Table-V**  
*Diagnostic performance of MDCT CA for left circumflex artery disease*

Left circumflex	Sensitivity	Specificity	Positive predictive value	Negative predictive value	Accuracy or efficacy
Proximal segment	71.4%	71.4%	83.3%	90.3%	88.75%
Distal segment	72.7%	91.3%	76.2%	89.8%	86.3%

*Analysis by number of arteries involved and per patient*

The sensitivity, specificity, positive predictive value, negative predictive value and accuracy or efficacy for single vessel disease were 87.5%, 96.4%, 91.3%, 94.7% and 93.75% respectively. The sensitivity, specificity, positive predictive value, negative predictive value and accuracy or efficacy for double vessel disease were 84.0%, 94.5%, 87.5%, 92.85% and 91.25% respectively. The sensitivity, specificity, positive predictive value, negative predictive value

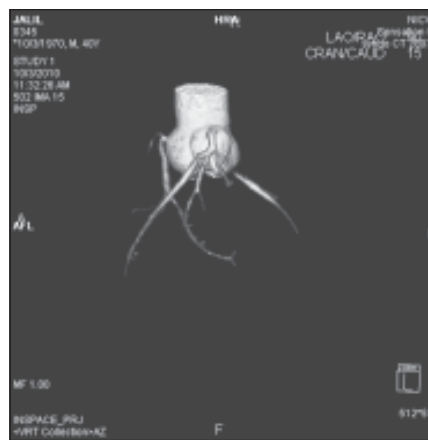
and accuracy or efficacy for triple vessel disease were 69.5%, 91.22%, 76.19%, 88.13% and 85.0% respectively. Among the 80 subject MDCT CA diagnosed 68 patients as positive. Out of these 68 positive patients conventional coronary angiogram diagnosed 65 of them as positive. Statistical analysis for performance of the test revealed the sensitivity, specificity, positive predictive value, negative predictive value and accuracy or efficacy for per patient analysis as, 97.01%, 76.9%, 95.5%, 83.33%, 93.75% respectively [Table 6]

**Table-VI**  
*Diagnostic performance of MDCT CA by vessel based and per patient analysis*

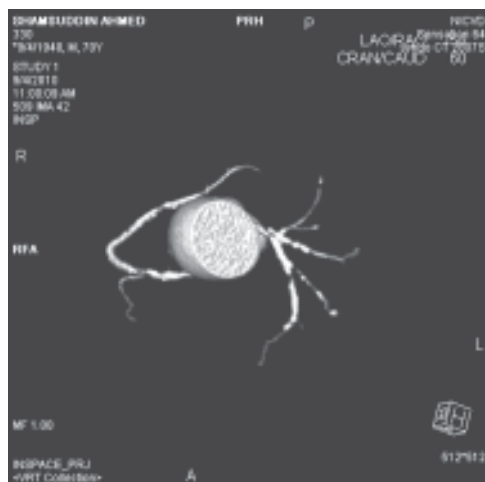
Vessels	Sensitivity	Specificity	PPV	NPV	Accuracy/efficacy
Single vessel disease	87.5%	96.4%	91.3%	94.7%	93.75%
Double vessel disease	84.0%	94.5%	87.5%	92.85%	91.25%
Triple vessel disease	69.5%	91.22%	76.19%	88.13%	85.0%
Per patient analysis	97.01%	76.9%	95.5%	83.33%	93.75%



**Fig.-1:** 3D Axial image: single vessel disease showing stenosis at the LCX



**Fig.-2:** Double vessel disease (VRT image): stenosis in proximal segment of the LAD & LCX



**Fig.-3:** Triple vessel disease (VRT image)

### Discussion:

Our study found that mean ( $\pm$ SD) age of the patients with chest pain was 51.44 ( $\pm$ 10.6) years. This observation was supported by the findings.<sup>6</sup> The authors recruited 716 individuals with mean ( $\pm$ SD) of 55.2 ( $\pm$ 15.2) years. The present study also revealed that the most of the sufferers are in age group 51-60 years (37.5%) and 41-50 years (32.5%). The male female ratio of the present study was 4:1. However other studies conducted by Shan et al and Becker et al found the male female ratio 2.1:1 and 1.5:1 which are not in agreement with our study findings.<sup>5</sup> The difference may be due to the fact that IHD is more prevalent in men than female. In addition, in our hospitals, bed allocation for male patients is more than female patients. As the females are more conservative and ignored by the family they have tendency to hide their disease. The mean ( $\pm$ SD) BMI of the patients was 23.89 ( $\pm$ 3.07) with a range 19.2 to 35.04 and the chief complain were chest pain only (63.8%), chest pain on exertion (3.8%), with hypertension (17.5%). Unstable angina was present in 3.8% patients and 7.5% had hypertension along with unstable angina. Non-specific chest pain was present in 3.8% patients.

Our study had 66.3% CT angiogram with high, 27.5% with moderate and 6.3% with poor quality imaging. Our findings were in agreement with Nikolau et al.<sup>7</sup> They also achieved 64% high, 30% moderate and 6% poor quality imaging. The diagnostic performance of MDCT CA in comparison with CCA for the detection of significant CAS has been reported in multiple papers. In most of these

studies, any lumen reduction greater than or equal to 50% was considered a significant coronary stenosis. Currently, 64-detector MDCT technology offers faster gantry rotation time: better temporal and spatial resolution and increased tube power (up to 1050mAs) which is useful even in the patients with body mass index >25 to improve the diagnostic accuracy of the procedure and diminished the number of nonassessable segments.

Our study showed that MDCT CA diagnosed 68 (out of 80) patients as positive. Conventional coronary angiogram revealed 65 of them positive (stenosis >50 %) and 3 found to be negative. On the other hand MDCT CA diagnosed 12 (out of 80) patients as negative. Conventional coronary angiogram revealed 2 of them positive and 10 found to be truly negative. Statistical analysis for performance of the test revealed the following results: sensitivity 97.01%, specificity 76.9%, positive predictive value 95.5%, negative predictive value 83.33%, accuracy or efficacy 93.75%. These findings were supported by the observation of Leber and his associates, Nikolau et al, Selcoki et al. Raff et al.<sup>10</sup> Leber et al found that the sensitivity was 95%, specificity 90%; positive predictive value 74%, negative predictive value 98%. They conducted the study among 90 patients. CT angiogram was done by dual X-ray source MDCT with high temporal resolution to rule out coronary stenosis.<sup>8</sup>

Nikolau et al (2006) found the per patient sensitivity 97%, specificity 79%; positive predictive value 86%, negative predictive value 96%.<sup>7</sup> They conducted a study with 72 patients by MDCT. Selcoki et al (2010) found the per patient sensitivity 95.1%, specificity 83.3%; positive predictive value 96.7%, negative predictive value 76.9%. They conducted a study with 73 patients and examined by 64-slice CT. Raff et al found that per patient specificity, sensitivity, and positive and negative predictive values for the presence of significant stenosis were 95%, 90%, 93%, and 93%, respectively.<sup>9</sup> They studied 70 consecutive patients undergoing elective invasive coronary angiography to evaluate the diagnostic accuracy of multislice computed tomography (MDCT) coronary angiography using a 64-slice scanner.

Achenbach and colleagues have compared the diagnostic performance of MDCT CA using 16- and 64-detector CT systems, showing that at experienced centers and with dedicated data

acquisition and analysis, sensitivities ranging from 83% to 99%, specificities ranging from 93% to 99%, and negative predictive values ranging from 95% to 100% can be achieved for the detection of relevant coronary artery stenosis.<sup>11,12</sup> The present study revealed that the diagnostic performance in segment bases analysis of proximal segment of right coronary artery as follows: sensitivity 92%, specificity 92.7%, positive predictive value 85.18%, negative predictive value 96.2% and an accuracy or efficacy 92.5%. Our findings were supported by Nikolau et al and Selcoki et al.<sup>7,10</sup> Nikolau et al found sensitivity 87%, specificity 96%, positive predictive value 74%, negative predictive value 98%, and accuracy or efficacy 95%.

Selcoki et al found sensitivity 95.5%, specificity 86.3%, positive predictive value 75%, negative predictive value 97.8%.<sup>10</sup>

The present study found that sensitivity, specificity, positive predictive value, negative predictive value and accuracy or efficacy of left main coronary artery was 100%. Our findings were supported by Nikolau et al and Selcoki et al.<sup>7,10</sup> Both the studies found that all values of sensitivity, specificity, positive predictive value, negative predictive value, and accuracy or efficacy were 100% for left main coronary artery.

The present study found that the diagnostic performance for the proximal part of left anterior descending coronary artery as follows was sensitivity 89.6%, specificity 98%, positive predictive value 96.3%, negative predictive value 94.3%, and accuracy or efficacy 95%. Our findings were supported by Nikolau et al and Selcoki et al.<sup>7,10</sup> Nikolau et al found sensitivity 78%, specificity 92%, positive predictive value 70%, negative predictive value 95%, accuracy or efficacy 90%.<sup>7</sup> Selcoki et al found sensitivity 91.1%, specificity 75%, positive predictive value 85.4%, negative predictive value 84.0%.<sup>10</sup>

Our study found that diagnostic performance for proximal segment of left circumflex coronary artery as follows: sensitivity 81.4%, specificity 71.4%, positive predictive value 83.33%, negative predictive value 90.3%, and accuracy or efficacy 88.75%. Our findings were supported by Nikolau et al. and Selcoki.<sup>7,10</sup> Nikolau et al found sensitivity 83%, specificity 94%, positive predictive value 71%,

negative predictive value 96%, accuracy or efficacy 94%.<sup>7</sup> Selcoki et al found sensitivity 65.4%, specificity 95.7%, positive predictive value 89.5%, and negative predictive value 83.3%.<sup>10</sup>

Certain limitations of our study must be mentioned. The study was carried out in specialized tertiary level hospital which is situated in the capital city, so the results obtained from this study may not represent the whole population. As the study was carried out in a short period of time expected number of sample could not be collected resulting into a smaller sample size.

### Conclusion:

Coronary angiography is a promising technology that already appears to have high performance to assess patient base, vessel base and segment base sensitivity, specificity, positive predictive value, negative predictive value and accuracy in detecting coronary artery stenosis. Patients who are unwilling to undergo an invasive process MDCT can serve as an excellent screening procedure which will reduce the load on invasive conventional procedure. Because of its high spatial resolution and ability to image the arterial lumen and wall, further technological development will likely make this an important non-invasive diagnostic tool for cardiovascular pathophysiology.

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