

Pre-Procedural Blood Glucose Level and Contrast-Induced Nephropathy after Percutaneous Coronary Intervention in Non Diabetic Patients with Acute Coronary Syndrome

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Abstract:

Key Words :
CIN, PCI,
ACS

Background: Contrast induced nephropathy (CIN) is not an uncommon complication of percutaneous coronary intervention (PCI) and it is more in diabetic patients. But we do not know the incidence and consequences of CIN of patients with high blood sugar but not known diabetic. We planned to find the relationship between level of admission blood glucose and contrast induced nephropathy after PCI in Acute Coronary Syndrome (ACS) in non-diabetic patients.

Methods: This prospective observational study was conducted in National Institute of Cardiovascular Diseases, Dhaka from January 2012 to June 2012. Total 120 patients were observed in two groups, group-I non-diabetic with normal blood glucose (≤ 7.8 mmol/L) and group-II non-diabetic with high blood glucose (≥ 7.8 mmol/L).

Results: Results show increase in serum creatinine (0.1mg/dl vs. 0.3 mg/dl) and decrease in creatinine clearance rate (12.9 ml/min vs. 6.0ml/min) was more in hyperglycemic than normoglycemic. When most common definition of contrast induced nephropathy was used, the incidence of CIN was 24% in high blood glucose group and 4% in normal blood glucose group ($p=0.004$). The higher the admission blood glucose level there is more incidence of contrast induced nephropathy. Multivariate analysis of factors associated with CIN shows that patients with high blood glucose (>7.8 mmol/l) and > 150 ml of contrast exposure are independent predictors of contrast induced nephropathy. The patients subjected to PCI having high blood glucose were at 6 times higher risk of developing CIN than normal blood glucose and use of contrast >150 ml were more than 2 times higher risk of developing CIN.

Conclusion: Patients with high blood sugar on admission of ACS patients have more chance of developing CIN after PCI.

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Introduction:

Contrast induced nephropathy (CIN) is generally defined as an increase in serum creatinine concentration of > 0.5 mg/dl (>44 μ mol/L) or 25% above baseline within 48 hours after contrast administration.¹ Most recently, the acute kidney injury network has defined contrast-induced AKI as a rise in the serum creatinine level ≥ 0.3 mg/dl or an increase in the serum creatinine level of $\geq 50\%$ from baseline that occurred within 48 hour after coronary angiography.² The use of iodinated

contrast media has been described as the third most common cause of hospital acquired renal insufficiency. It commonly occurring after coronary angiography and/or angioplasty and computed tomography scans.³ It occurs within 24-48 hours of exposure, with creatinine level typically peaking 3-5 days after procedure and returning to baseline or near baseline in 1-3 weeks.⁴

Patients with or without a prior history of DM may present with hyperglycemia during acute coronary syndrome. Among patients with no prior history of

DM, hyperglycemia may reflect previously undiagnosed diabetes, pre-existing glucose intolerance, stress-related carbohydrate intolerance, or a combination of these.⁵ Several studies revealed that elevated blood glucose in non diabetic patients in admission associated with bad outcome and subsequent increased cardiovascular adverse events including CHF, cardiogenic shock and death.⁵

A higher percentage of the hyperglycemic non-diabetic suffered cardiac arrest before admission compared with hyperglycemic DM (15% and 2% respectively).⁶ A recent report showed that, the patients who had no known diabetes at the time of AMI and whose admission blood glucose levels were less than 200 mg/dL (<11.1 mmol/L), up to 40% were diagnosed as having impaired glucose tolerance and 25% have developed diabetes when tested 3 months after discharge.⁷

High glucose appears to be a much stronger predictor of adverse events in patients without previously recognized diabetes than in those with established diabetes.⁸ The incidence of radiographic contrast agent-induced acute renal failure is estimated to be as high as 5.7%-29.4% among patients with diabetes mellitus and 14.8% to 55% in patients with chronic renal insufficiency, though the incidence is <2% in general population.⁹

Patients having eGFR>60 ml/min has very low risk for CIN and these patients require no specific prophylaxis or follow up. eGFR 45-59 ml/min has low risk for CIN and in the absence of additional risk factors these patients require no specific prophylaxis or follow up. eGFR< 45 ml/min moderate risk for CIN and preventive measures are recommended.¹⁰

The lowest rate of CIN occurs in patients receiving less than 100 to 140 ml of contrast. Contrast volume in excess of 5 ml/kg strongly predicts nephropathy requiring dialysis. A significantly increased risk of CIN has also been demonstrated among patients who received a second dose of contrast media within 48 hours.¹⁰ Another study has shown that, the incidence of contrast induced nephropathy in anemic patients is more (26%) after PCI, than with normal hemoglobin (8%).¹¹

However, while diabetes is a well recognized risk factor for CI-AKI, the association between pre-procedural blood glucose levels and CI-AKI risk

(regardless of pre-existing diabetes) is unknown. Thus, it is possible that a combination of admission hyperglycemia in non-diabetic ACS patients and contrast exposure during PCI could significantly increase the risk for CI-AKI.^{12,13}

Since hyperglycemia occurs in over 40% of ACS patients, nearly half of whom have no known diabetes, this group of patients should at least be considered to be at as high a risk for CI-AKI as those with established diabetes.

Methods:

This prospective observational study was conducted in the National Institute of Cardiovascular Diseases (NICVD), Dhaka from Jan 2012 to June 2012. The main objective of the study was to determine the relationship between level of admission blood glucose and contrast induced nephropathy after percutaneous coronary intervention in ACS patients not known to be diabetic. 60 patients were non diabetic patients with ACS with normal blood glucose (≤ 7.8 mmol/l or ≤ 140 mg/dl) undergoing percutaneous coronary intervention (Group I) and 60 patients were non diabetic patients with ACS with high blood glucose (> 7.8 mmol/l or > 140 mg/dl) undergoing percutaneous coronary intervention (Group II). Group I = Non diabetic patients with ACS with normal blood glucose (≤ 7.8 mmol/l) undergoing percutaneous coronary intervention. Group II = Non diabetic patients with ACS with high blood glucose (> 7.8 mmol/l) undergoing percutaneous coronary intervention.

To determine the relationship between level of admission blood glucose and contrast induced nephropathy after percutaneous coronary intervention in ACS patients not known to be diabetic. Specific objective of the study were- i) To observe the prevalence of high blood glucose level on admission (≥ 7.8 mmol/l or ≥ 140 mg/dl) in ACS patients not known to be diabetic undergoing PCI. ii) To find out the relationship, if any, between the admission hyperglycemia and CIN in ACS patients not known to be diabetic undergoing PCI. iii) To assess the graded relationship, if any, between the degree of admission hyperglycemia and the occurrence of CIN in these patients.

Results:

The main objective of the study was to determine the relationship between level of admission blood

glucose and contrast induced nephropathy after percutaneous coronary intervention in ACS patients not known to be diabetic.

Majority of the study patients belonged to 51-60 years age in both groups. The mean age was found 53.6±10.4 years in Group I and 53.7±11.3 years in Group II. The mean age difference was not significant between two groups. Mean body mass index of the group I was 24.6±3.4 and that of group II was 24.8±3.1. BMI demonstrates that 36% of patients in group I were overweight, 16% obese, 41% normal weight and 7% underweight. In group II, 37% of the patients were overweight, 13% obese and 50% normal weight. No significant difference was observed between the groups in terms of BMI. 38 (64%) patients in group I and 36 (60%) patients in group II were smokers. In group I, 33 (55%) patients were hypertensive and in group II,

37 (61%) patients were hypertensive. Dyslipidemia was found in 19 (32%) and 16(27%) patients and family history of CAD was found 8 (13%) and 11 (18%) patients in group I and group II respectively. No significant difference was observed between the groups in terms of risk factors.

Observing the ACS types , 15% of patients in group I had UA, 25% NSTEMI, and 60% STEMI. In group II, 14% of the patients had UA, 22% NSTEMI and 65% STEMI. No significant difference was observed between the groups in terms of ACS types (p>0.05) (Table-II).

In group I, 32% of patients received ≤150 ml of contrast and 68% patients received >150 ml of contrast. But in group II, 37% of patients received ≤150 ml of contrast volume and 63% patients received >150 ml. The volume of contrast used had no significant difference between the groups (Table-III).

Table-I
Baseline characteristics of the study subjects (n=120).

Age in years	Group I (n = 60)		Group II (n = 60)		p value
	Number	%	Number	%	
≤40	6	10.0	10	16.7	0.95
41 – 50	14	23.4	13	21.7	
51 – 60	27	44.9	20	33.3	
61 -70	9	15.0	11	18.3	
> 70	4	6.7	6	10.0	
Body mass index					
< 18.5 (Underweight)	4	7.0	0	0.0	0.71 ^{ns}
25 – 29.9 (Overweight)	21	36.0	22	37.0	
≥30 (Obese)	10	16.0	8	13.0	
Smoking	38	64.0	36	60.0	0.71 ^{ns}
Hypertension	33	55.0	37	61.0	0.46 ^{ns}
Dyslipidaemia	19	32.0	16	27.0	0.55 ^{ns}
Family history of CAD	8	13.0	11	18.0	0.45 ^{ns}

s=Significant; ns = Not significant; p value reached from unpaired t-test

Table-II
Distribution of clinical subsets of patients with ACS (n=120).

Types of ACS	Group I (n= 60)		Group II (n =60)		p value
	Number	%	Number	%	
UA	9	15.0	8	14.0	0.79 ^{ns}
NSTEMI	15	25.0	13	22.0	0.66 ^{ns}
STEMI	36	60.0	39	65.0	0.57 ^{ns}

ns = Not significant; Data were analyzed using Pearson Chi-Square (χ^2) test.

Table-III
Comparison of volume of contrast agent used between two groups (n=120).

Volume of contrast (ml)	Group I (n= 60)		Group II (n =60)		p value
	Number	%	Number	%	
≤150	19	32.0	22	37.0	0.56 ^{ns}
> 150	41	68.0	38	63.0	

s =Significant; Data were analyzed using Pearson Chi-Square (χ^2) test.

During procedure hypotension was higher in the group I (16%) than that in the group II (9%) but not statistically significant. Anorexia/vomiting was considerably higher in group II (17%) than that in the group I (8%) with no statistical significant difference. Other complications like arrhythmia (6% vs. 4%), itching (6% vs. 8%) and bronchospasm (13% vs. 9%) were almost identically distributed between groups.

Table V shows the changes in the serum creatinine between baseline and day 2 among patients of study groups. The mean serum creatinine of group I was 1.0 mg/dl and 1.1 mg/dl at baseline and day 2 respectively, which was not statistically significant ($p=0.18$). But in group II the mean serum creatinine was 1.0 mg/dl and 1.3 mg/dl on baseline and day 2 respectively. This differences were statistically significant ($p=0.001$).

The above table shows the changes in the creatinine clearance rate among patients of study groups at different time interval. The mean CCR of group I was 76.6 ml/min and 73.7 ml/min at baseline and day 2 respectively and the change was statistically insignificant. The mean CCR in group II was 80.1 ml/min and 66.3 ml/min at baseline and day 2 respectively and this difference was statistically significant ($p=0.001$).

The above table shows when the most common definition of contrast induce nephropathy (as an increase in serum creatinine concentration ≥ 0.5 mg/dl or $\geq 25\%$ increase of serum creatinine from baseline within 48 hours after exposure to contrast media) was used and we observed that CIN was higher in group II (25%) than that of group I (5%) which was statistically significant ($p=0.001$).

The above table shows the time of peak increase in the serum creatinine concentration among patients of CIN within 2 days of contrast administration, which was 0.65 mg/dl in group I

as compared with 0.94 mg/dl in group II respectively. A statistically highly significant change in serum creatinine was observed on day 2 from baseline both in normal and high blood glucose group following PCI ($p<0.001$).

Analysis of factors associated with contrast induced nephropathy showing that, among 120 patients only 12 patients were >70 years of age where 3 of them developed CIN, that is not significant ($p=0.30$). 21 patients were female in comparison to 99 male patients, of them 5 female and 13 male patients developed CIN, that is also not significant ($p=0.21$). Among 50 hyperglycemic patients (>7.8 mmol/l) 14 patients developed CIN, that is significant ($p=0.008$). More than 150 ml contrast used in 65 patients, 15 of them developed CIN, which is statistically significant ($p=0.048$). Out of 100 patients 46 patients had low Hb(<13 gm/dl in male and <12 gm/dl in female) and 74 patients had normal level, among them 8 and 10 patients develop CIN respectively ,that is not statistically significant($p=0.56$).

Binary Logistic regression analysis

Model Fit:

The regression model which included 3 predictor variables (Table IX) was first subjected to model-fit test. Hosmer and Lemeshow goodness-of-fit test demonstrated that the model was a good fit model which could predict 80% of the contrast induced nephropathy correctly ($p=0.512$).

Table X demonstrates the binary logistic regression analysis of Odds Ratio for characteristics of the subjects likely to cause contrast induced nephropathy (CIN). The variables revealed to be significantly associated or nearly significantly associated with CIN by univariate analysis were all entered into the model directly. Of the 3 variables high blood glucose and contrast volume >150 ml were found to be the independent

Table-IV
Distribution of patients by contrast induced per procedural complications (n=120).

Complications	Group I (n= 60)		Group II (n =60)		p value
	Number	%	Number	%	
Anorexia/Vomiting	5	8.0	10	17.0	0.16 ^{ns}
Itching	6	9.0	8	13.0	0.57 ^{ns}
Hypotension	10	16.0	6	9.0	0.28 ^{ns}
Arrhythmia	6	9.0	4	6.0	0.50 ^{ns}
Bronchospasm	8	13.0	6	9.0	0.56 ^{ns}

ns = Not significant; Data were analyzed using Pearson Chi-Square (χ^2) test.

Table-V
Changes in serum creatinine between baseline and day 2 among patients of study group (n=120).

Group	Serum creatinine		p value
	Baseline Mean \pm SD	Day 2 Mean \pm SD	
Group I (n=60)	1.0 \pm 0.1	1.1 \pm 0.1	0.18 ^{ns}
Group II (n=60)	1.0 \pm 0.2	1.3 \pm 0.5	0.001 ^s

s = Significant; ns = Not significant; Data were analyzed using paired student t - test.

Table-VI
Changes in creatinine clearance rate (CCr) between baseline and day 2 among patients of study group (n=120).

Group	CCr		p value
	Baseline Mean \pm SD	Day 2 Mean \pm SD	
Group I (n=60)	76.6 \pm 16.4	73.7 \pm 14.9	0.14 ^{ns}
Group II (n=60)	80.1 \pm 19.7	66.3 \pm 20.8	0.001 ^s

s = Significant; Data were analyzed using paired student t - test.

Table-VII
Incidence of contrast induced nephropathy among studied patients (n=120).

Group	CIN				p value
	Developed		Not developed		
	Number	%	Number	%	
Group I (n=60)	3	5.0	57	95.0	0.001 ^s
Group II (n=60)	15	25.0	45	75.0	

s = Not significant; Data were analyzed using Pearson Chi-Square (χ^2) test.

Table-VIII
Changes in serum creatinine between baseline and day 2 among patients of CIN (n=18).

Group	Serum creatinine		p value
	Baseline	Day 2	
	Mean ± SD	Mean ± SD	
Group I (n=3)	0.75±0.21	1.4±0.01	0.0001 ^s
Group II (n=15)	0.96±0.25	1.9±0.77	0.0001 ^s

s = Significant; Data were analyzed using paired student t - test.

Table-IX
Factors associated with contrast induced nephropathy (n=120).

Factors	CIN				p value
	Developed (n=18)		Not developed (n=102)		
	Number	%	Number	%	
Age (≤ 70years)	15	83.3	93	91.2	0.30 ^{ns}
Sex (Male)	13	72.2	86	84.3	0.21 ^{ns}
Blood Glucose (> 7.8mmol/l)	14	77.8	45	44.1	0.008 ^s
d) Contrast volume exposure (> 150 ml)	15	83.3	60	58.8	0.048 ^s
e) Hemoglobin (Low *)	8	44.4	38	37.2	0.56 ^{ns}

s = significant; ns = Not significant; Data were analyzed using Pearson Chi-Square test.

*low Hb= Male <13gm/dl, female <12 gm/dl; **normal Hb= Male ≥13gm/dl, female ≥12gm/dl²³

Table-X
Independent predictors for contrast induced nephropathy.

Variables of interest	Univariate analysis (p value)	Multivariate analysis		
		OR	95% CI of OR	p value
Age > 70 yrs	0.19	3.81	0.413-12.764	0.26 ^{ns}
High Blood Glucose (>7.8 mmol/l)	0.01	6.48	1.343-32.612	0.02 ^s
Contrast volume >150ml	0.03	2.79	0.132-5.128	0.03 ^s

s= Significant; ns= Not significant; Multivariate analysis:

predictors of CIN with ORs being 6.48 and 2.79 respectively. This means that the patients subjected to PCI having high blood glucose were at 6 times (95% CI of OR=1.343-32.612) higher risk of developing CIN than normal blood glucose and more than 2 times (95% CI of OR=0.132-5.128) higher risk of developing CIN when contrast volume >150ml (p=0.03).

Discussion:

Contrast induced acute kidney injury is a complication of coronary angiography that occurs commonly in the setting of acute myocardial infarction and is associated with severe adverse events, including permanent renal impairment,

higher in hospital and long term mortality, recurrent ischemic events, increased length of hospital stay and higher costs. Proposed pathophysiologic mechanisms through which contrast administration may potentiate renal injury include oxidative stress, free radical damage, and endothelial dysfunction. All of these processes also are activated in the setting of hyperglycemia, which is common in patients with acute coronary syndrome and has adverse prognostic implications, particularly among those who do not have established diabetes. So, it is possible that a combination of pre-procedural hyperglycemia and contrast exposure during coronary angiography could significantly increase the risk of contrast induced acute kidney injury.¹³

The current study was intended to find whether there is any relationship between level of admission blood glucose and contrast induced nephropathy after PCI in ACS patients not known to be diabetic. The mean age of patients in group-I was 54.6 ± 10.3 years, and in group-II it was 53.5 ± 11.5 years. Among all study patients, highest number of patients was in the age group 51-60. That is similar to studies conducted by other Bangladeshi authors.¹⁴⁻¹⁷ However Rudnick and Kini have observed higher mean age which may be due to increased life expectancy in western country.^{18, 19}

The majority of patient was male 82% in group I and 88% in group II with a male to female ratio 5.66:1 in the whole study population. The number of female patients were less in almost all previous studies.^{3,14,16,19} The mean BMI of group-I was 25.5 ± 3.6 kg/m² and group-II was 24.7 ± 3.0 kg/m². 42% patients in group I and 52% patients in group II belongs to normal weight group, similar to Hossain.¹⁴ No statistically significant difference was found between two groups in terms of mean BMI ($P > 0.05$). However Peter and Tepel found that majority of patients were overweight, may be due to high BMI in western people.^{1,20}

Among the risk factors for ischemic heart disease smoking was the commonest, 70% in group I and 66% in group II. This was followed by Hypertension (60% vs. 68%), Dyslipidaemia (32% vs. 26%) and positive family history of coronary artery disease (14% vs. 20%) in a decreasing order of frequency. However, there was no statistically significant difference of incidence of these risk factors between the two groups. The results were consistent with the studies conducted by others.^{16,17,20,22,23} These data were almost similar to other studies in Bangladesh. One study showed that smoking was the commonest (62.16%) risk factor.²⁴

Considering ACS patients, Unstable angina was 12%, NSTEMI was 24% and STEMI was 64% in group I patients. Whereas in group II 10% patients had unstable angina, 20% had NSTEMI and 70% patients had STEMI. No significant difference was observed regarding clinical diagnosis between the groups. Hossain also found less number of unstable angina patients than myocardial infarction in his study.¹⁴ But Nikolsky found about half of the patients had unstable angina.²³

The volume of contrast administered (d" 150ml), in normal blood glucose group was 30% and high blood glucose group was 36% but >150ml of contrast was administered 70% in normal blood glucose group and 64% in high blood glucose group. The difference in receiving contrast volume between two groups was not statistically significant.

About per-procedural complications related to contrast administration, hypotension was higher in group I than that in group II but not statistically significant. Anorexia/vomiting were considerably higher in the latter group than that in the former group. Other complications like arrhythmia (4% vs. 2%), itching (6% vs. 10%) and bronchospasm (12% vs. 10%) were almost identical between two groups. Akteruzzaman and Stolker also reported slightly higher incidence of hypotension, other complications were negligible.^{11,13}

The mean serum creatinine level of normal blood glucose group and high blood glucose group were 1.0 mg/dl and 1.0 mg/dl at baseline which experienced a rise on day 2 up to 1.1 mg/dl and 1.3 mg/dl respectively. Changes in serum creatinine level in group I, between base line and day 2 was not significant. But in group II the peak increase in serum creatinine between baseline and day 2 was statistically significant. The result was consistent with Stolker, who also found more nephropathy among higher blood glucose groups.¹³

The mean creatinine clearance rates at baseline were 77.6 ml/min and 80.2 ml/min in group-I and group-II respectively which continued decreasing up to day 2 when it became 71.6 ml/min in normal blood glucose group and 67.3 ml/min in high blood glucose group. The decrease in creatinine clearance rate was not significant in group I, but it was statistically significant in group II. Stolker has shown less decrease in creatinine clearance rate in low blood glucose level in comparison to high blood glucose group.¹³

When the most common definition of contrast induced nephropathy (as an increase in the serum creatinine concentration ≥ 0.5 mg/dl or $\geq 25\%$ from baseline value at 48 hours after exposure to contrast media) was used the incidence of CIN was 24% in high blood glucose group and 4% in the normal blood glucose group that includes 12 patients in high blood glucose group and 2 patients in normal blood glucose group. The result was

statistically significant. Stolker¹³ also found development of CIN is more common among hyperglycemic non diabetic ACS patients in comparison to normoglycemic non diabetic ACS patients (18,1% vs. 51.6%).¹³ Shaheen and Akteruzzaman also found increased incidence of CIN among patients with high blood glucose but they included both diabetic and non-diabetic patients in study population.^{11,17}

When all study patients in both groups were considered, 14 patients developed CIN i.e. the overall incidence of CIN was found 14% in the present study. The finding of the present study was very close to those of other multiple studies on CIN. Marenzi found overall 14.5% patient developed contrast induced nephropathy, among them CIN occurred in 27% patients with acute hyperglycemia.²² Nikolsky found the incidence of CIN after percutaneous coronary intervention was 13.9%.²³ Shaheen found the incidence of CIN after coronary angiography and percutaneous coronary intervention was 10%.¹⁷ McCullough also stated that incidence of CIN can rise to 50% or more in patients with multiple risk markers.³

We found that, among patients with contrast induced nephropathy one patient had admission blood glucose <6.1 mmol/l, one patient had blood glucose within 6.1 to 7.8 mmol/l, two patients were within range of 7.9 to 9.4 mmol/l, 4 patients had blood glucose within 9.5 to 11.1 mmol/l and highest number of patients that is 4 patients had blood glucose above 11.1mmol/l. So, it was observed that gradual incremental increase in risk of CIN associated with higher admission blood glucose levels.

In the study by Stolker, reported that there was a strong association between level of blood glucose and incremental increase in contrast induced acute kidney injury risk in patients without diabetes (contrast induced acute kidney injury rates across their 5 glucose groups from lowest to highest were 8.2%, 9.9%, 12.4%, 14.9%, 24.3%; p<0.001) which are compatible with the present study.¹³

Analysis of factors associated with contrast induced nephropathy showed that out of 14 patients who has developed CIN, 2 patients were >70 years old. Only 6 patients in our study population had more than 70 years of age, so age could not influence

the overall incidence of CIN. The elderly are at increased risk of CIN with reported incidence of 11% in patients older than 70 years.⁴ Patients having high blood glucose (>7.8 mmol/l) and contrast volume exposure >150 ml were more frequently associated with contrast induced nephropathy than patients with normal blood glucose (<7.8mmol/l) and contrast volume exposure <150 ml. Among 50 patients having high blood glucose 12 patients developed CIN, whereas only 2 patients having normal blood glucose had developed CIN, which is significant. Total 33 patients received <150ml of contrast and only 2 patients developed CIN. But 67 patients received >150ml of contrast and 12 patients developed CIN. The difference was statistically significant. The risk of CIN is minimal in patients receiving <100 mL of contrast media.⁴ Each 100 ml of contrast medium administered was associated with a significant increase of 12% in the risk of nephropathy.²⁵

A total of 3 variables revealed to be significantly associated or near significantly associated with the development of CIN in univariate analyses i.e. age >70 years, high blood glucose(>7.8 mmol/l) and contrast volume >150ml. All of these variables are considered as recognized risk factors on the basis of a number of international studies.⁴

But in multivariate logistic regression analyses of the 3 variables, high blood glucose and contrast volume >150ml were found to be the independent predictors of CIN with ORs being 6.46 and 2.78 respectively. This means that patients subjected to PCI having high blood glucose were at more than 6 times (95% CI of OR = 1.321-32.606) higher risk of developing CIN than the patients having normal blood glucose (p = 0.02). Similarly patients having contrast volume >150 ml have 2 times (95% CI of OR = 0.12-5.125) higher risk of developing CIN in high blood glucose group than the normal blood glucose group following PCI (p = 0.04).

Regarding outcome of the study patients, no patient died in the present study and no patient developed acute renal failure requiring dialysis. In a study, it has been found the occurrence of acute renal failure requiring dialysis after coronary intervention is rare (<1%).¹

The serum creatinine of 100% patients in both groups returned to base line within two weeks. In

group-II 98% returned to base line within first week and 2% returned to base line on second week. But 100% patients of group-I serum creatinine returned to baseline within first week. The outcomes are consistent with most of the studies on CIN when it was reported that CIN usually recovered within two weeks.²⁶

Conclusion:

This study reveals that patients admitted with acute coronary syndrome with high blood glucose not known to be diabetic are associated with increased incidence of contrast induced nephropathy after percutaneous coronary intervention. So, more attention should be paid to the blood glucose level of the patient before doing any coronary intervention, as contrast induced nephropathy is a common and important cause of iatrogenic acute renal dysfunction and carries significant risk of cardiac and non cardiac morbidity and mortality.

Conflict of Interest - None.

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